

MULTIPLE RISK FACTOR INTERVENTION TRIAL

ECG RECORDING LOG

Attach ECG ID Label Here

PARTICIPANT NAME (Last, First, Middle)

HRTARG33

FROM LABEL AT LEFT

CENTER CODE:

DATE: MONTH DAY YEAR

AGE:

VISIT:

PHYSICIAN CODE:

TECHNICIAN CODE:

PERMANENT CASSETTE NO.:

PARTICIPANT ID:

CHEST SQUARE READING

0-E: 0-V6:

0-V4:

33 36 39

AGE: 35-39 | 40-44 | 45-49 | 50-54 | 55-57

TARGET HEART RATE: 160 | 157 | 155 | 153 | 151

TARGET HEART RATE:

42

ROOM TEMPERATURE: °F

45

ECG RECORDINGS	BLOOD PRESSURE B.P.	HEART RATE H.R.	FATIGUE RATING F.R.	RHYTHM CODE (Table 6)	ST SEGMENT CODE (Table 5)
RESTING:	(A) SBP <input type="text"/> <input type="text"/> (B) DBP <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>			
Standing	59 mm Hg	53	SBP1ES3S	HR1ES3S	
Supine	50 mm Hg	56	SBP2ES3S	HR2ES3S	
Sitting	50 mm Hg	56	SBP3ES3S	HR3ES3S	
EXERCISE:	SYSTOLIC B.P.		SBP4ES3S	HR4ES3S	
Elapsed Time at end of Stage (min.)	63 mm Hg		SBP5ES3S	HR5ES3S	
MPH/Grade	65 mm Hg				
1 3 1.7 10%	71 mm Hg				
2 6 2.5 12%	77 mm Hg				
3 9 3.4 14%	83 mm Hg				
4 12 4.2 16%	86 mm Hg				
5 15 5.0 18%					
Exercise Duration (min:sec)	EXPUR3S				
RECOVERY:	63 mm Hg		HRIR3S		
Immediate Recovery	69 mm Hg		HR3M3S		
3 min. Post Exercise	105 mm Hg		HR6M3S		
6 min. Post Exercise (Optional)					

Was the target heart rate reached?

1 yes
2 no

- Check reason(s) for early termination
- 1 Chest discomfort suspected to be angina pectoris
 - 2 Participant's indicated desire to terminate early
 - 3 Dyspnea
 - 4 Fatigue/weakness
 - 5 Leg discomfort
 - 6 Gait or speech disturbance
 - 7 Systolic blood pressure \geq 250 mm Hg
 - 8 Blood pressure fall with increasing stage of exercise
 - 9 Monitored or strip chart ST findings (\geq 1 mm ST change from sitting rest)
 - 10 PVCs frequent (\geq 25% of beats)
 - 11 PVCs pairs or runs
 - 12 Any R on T PVC
 - 13 Ectopic Tachycardia
 - 14 Other arrhythmia
 - 15 Conduction defect
 - 16 Technical problem
 - 17 Other, must be specified _____

Continue with screening procedure

COMMENTS:

